

Soul Harvest Retreat

Satisfy your Soul

with Maya Montoya & Renee Gauthier



OCTOBER 8-10, 2010
THE GLEN IVY CENTER
CORONA, CA

Includes:

- 2 nights beautiful accommodations
- 6 meals (including a vegetarian option)
- Active and gentle Yoga classes (all levels)
- Live Music
- Fire/Transformational practice
- Chakra flow
- Thai massage playtime
- Restorative/Healing practice
- Meditation
- Hiking
- Labyrinth walk
- Optional spa time at Glen Ivy Hot Springs Spa (Half-price discount on admission)

Only \$495 - Early discount \$435 by Sept. 1
Single rooms available for additional price

Registration & Information

Email: maya@mayamontoya.com

Maya's Website: www.mayamontoya.com
(619) 548-0455

Renee's Website: www.reneegauthier.net
Glen Ivy Hot Springs Spa: www.glenivy.com
The Glen Ivy Center: www.glenivy.org

LIVE MUSIC WITH STEVE AND ANNE-ÉMILIE GOLD



Steve Gold is a singer, songwriter and yogi who composes original songs that are a blend of American blues, Sanskrit mantras, with Western pop and folk melodies. His music has become a soundtrack for yoga classes since the release of the widely acclaimed CD, *So Much Magnificence*. His distinctively rich vocal timbre and his engaging enthusiasm encourages the listener's heart to open. Steve and his wife Anne-Émilie travel the world offering their gifts of heart melting harmonies. Visit www.SoMuchMagnificence.com

"The effects are miraculous, people all over the world are responding to this music. I wholeheartedly embrace and recommend this sacred music." SAUL DAVID RAYE, yogi, healer, activist